

Brené Brown

Research Professor | University of Houston | Huffington - Brené Brown Endowed Chair

Summary

Dr. Brené Brown is a research professor at the University of Houston where she holds the Huffington Foundation – Brené Brown Endowed Chair at The Graduate College of Social Work.

She has spent the past sixteen years studying courage, vulnerability, shame, and empathy and is the author of four #1 New York Times bestsellers – The Gifts of Imperfection, Daring Greatly, Rising Strong, and Braving the Wilderness: The Quest for True Belonging and The Courage to Stand Alone.

Brené’s TED talk – The Power of Vulnerability – is one of the top five most viewed TED talks in the world with over 30 million views.

In addition to her research and writing, Brené is the Founder and CEO of BRAVE LEADERS INC - an organization that brings evidence based courage building programs to teams, leaders, and organizations.

Brené lives in Houston, Texas with her husband, Steve, and their children, Ellen and Charlie.

Experience

Founder + CEO at Brave Leaders Inc

2016 - Present

Brave Leaders Inc offers evidence-based courage building programs designed for individuals, teams, and organizations ready to answer a call to courage. It is built on a core finding from sixteen years of research: courage is a collection of four specific skill sets that are defined by twenty-six specific behaviors that can be taught, developed, learned, and measured.

Huffington Endowed Chair + Research Professor at University of Houston

2001 - Present

Founder + CEO

2011 - Present

The Daring Way™ is a training and certification program for helping professionals who want to facilitate Brené Brown’s work on vulnerability, courage, shame, and worthiness. We are a community of wholehearted practitioners who believe in the power of owning our stories, and who recognize that vulnerability is our most accurate measure of courage.

Education

The University of Texas at Austin

Bachelor's Degree, Social Work, 1995

University of Houston

Master's Degree, Social Work, 1996

University of Houston

Doctor of Philosophy (Ph.D.), Social Work, 2002

Honors and Awards

2016 SXSW Speaker of the Year, 100 Most Creative People in Business, Recipient of the Huffington-Brené Brown Endowed Chair - University of Houston, 50 Top Leadership Innovators, Rising Strong - Top 10 Motivation Books of 2015, Daring Greatly - Top 5 Business Books of 2012, Outstanding Faculty Member of the Year

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[Contact Brené on LinkedIn](#)